

Graham Little with Theraflex and spine.



Graham Little running in Sahara Desert.

BIONIC HAND CURED MY BACK PAIN!

Local Sky Sports and BBC presenter Graham Little has just completed the Marathon de Sables, which is a 150 mile race across the Sahara Desert, supposed to be the toughest foot race in the world, but admits he only managed it with help from a bionic hand! Fitness fanatic Graham had been training for the race since August, but just six weeks before the event was laid up by a bulging disc in his back, a consequence he thinks of too much running and sitting in the one place on air at Sky Sports and the BBC.

"I had been in London a lot before that, and was very busy with work, so I wasn't doing the proper stretching after training, which was probably made worse by the amount of time I was in the car and the amount of time I was sitting presenting and working. Then suddenly, six weeks before the toughest foot race on the planet, I just couldn't get out of bed.

Back home a friend recommended Belfast Back Care on the Antrim Road, insisting that if I wasn't happy he would personally give me my money back! He informed me that Physiotherapist John Magee and team have a revolutionary machine that improves mobility in the spine and helps alleviate back pain."

The revolutionary machine is called Theraflex and is fast becoming the worldwide benchmark for back pain



Bionic hand.

treatment. Over 20 years of research and design has led to its introduction. This truly revolutionary new spinal treatment has been developed by an expert team in Cornwall and is helping thousands of people across the world. Theraflex was brought to Northern Ireland by Mr. Magee in 2007 and people have been travelling to his clinic from all over Ireland to benefit from this fantastic technology.

Theraflex is about the size of a computer mouse and has four motorised pads that work on three different settings. The 'spasm' mode relaxes the back muscles, the 'reflex' mode stimulates muscle reflexes along the spine in preparation for the crucial 'mobilisation' phase. The condition of every joint is felt through the handset, defining problem areas in the spine requiring attention.

"The bionic hand made an unbelievable difference. I was so stiff and sore for the first few weeks I just wasn't sure I'd make it to the start line let alone complete the race," said Graham. "But I got more and more relief and was able to feel some strength coming back into my legs and after a few tough training sessions the week before I felt as good as new and ready to go".

"I finished the race as the top ranked Irish man in a time of 34 hours and 24 minutes. I cannot thank the staff at Belfast Back Care enough for the help that they have given me, I have referred numerous friends and family to these guys as the more people that know about this amazing treatment the better".

Belfast Back Care & Physiotherapy

can be found at:

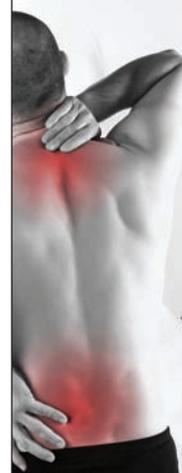
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A Theraflex session at Belfast Back Care cost £35

Belfast Back Care and Physiotherapy Centre



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